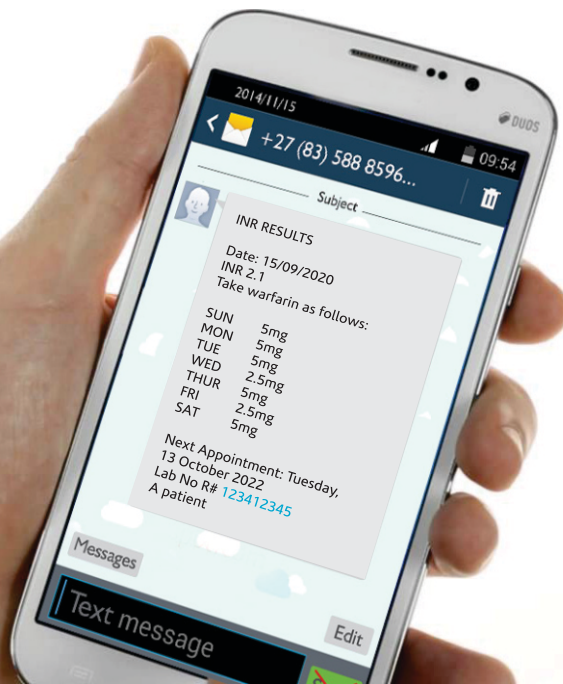




INR & Warfarin dosage by SMS

INR & Warfarin dosing per SMS

Idosi Ye-inr Ne- warfarin Ngebroshe Ye-sms



We will send your INR result and warfarin dosage to your cell phone. It has the advantage of eliminating possible misunderstanding associated with telephone calls and supplying you with a permanent record of the information. You should also receive the information quicker than with our normal telephone service (depending on the cell phone network).

Explanation of the SMS content below:

INR AND DOSE RESULTS

Date [date of the test]
INR [result of the INR test]

Take warfarin as follows:

- The Warfarin dose is given in milligram for each day.
- Please start with the dose for the specific day of the week that you were tested, and continue with the daily dose until the next appointment.
- If we require you to come for another INR test in less than 7 days, we will only provide a dose for the selected days until the day of the next visit.
- If you must not take any warfarin on certain day(s), the SMS will contain a text indicating "take no warfarin".

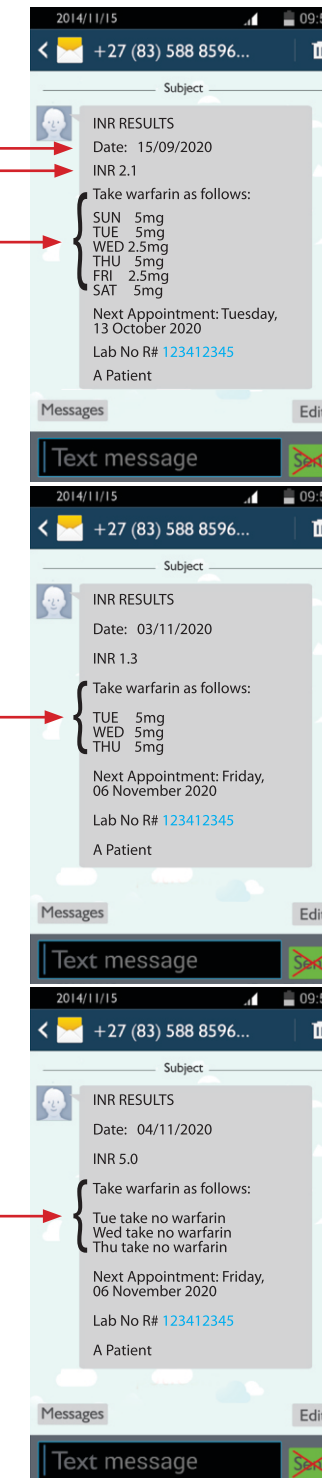
Next Appointment [day/month for the next test]
Lab No R# [quote this number if you phone us with a query]

Your name will appear at the bottom of the SMS.

If requested, the INR result and dosage can also be sent to the e-mail address provided on the request form. The format of the message will be similar to the SMS example above.

X Note that you are not able to reply to the SMS or e-mail messages. If there are any queries about the information, please contact the Helpdesk or laboratory as applicable to your area.

If for various reasons you do not hear from PathCare on the same day that your blood was drawn, please call PathCare late that afternoon or the next morning, for your result and dosage.



Contact Details / Kontakbesonderhede / Inkcukacha Zqhakamshelwano

Bethlehem	T 058 303 4961
Bloemfontein	T 051 401 4650
Cape Town	T 021 596 3400
East London	T 043 701 5900
George	T 044 803 8200
Hermanus	T 028 313 0750
Kimberley	T 053 830 8960
Klerksdorp	T 018 468 9000
Knysna	T 044 384 1044
Kroonstad	T 056 213 2076
Maseru	T 002 663 24039
Mossel Bay	T 044 691 1399
Paarl	T 021 872 5158
Port Elizabeth	T 041 391 5700
Potchefstroom	T 018 293 0573
Richards Bay	T 035 772 2201
Somerset West	T 021 852 3144
Springbok	T 027 712 1992
Stellenbosch	T 021 887 6817
Swellendam	T 028 514 1775
Umlanga	T 031 566 0099
Upington	T 054 332 2653
Vanderbijlpark	T 016 981 9898
Vereeniging	T 016 440 6300
Vredenburg	T 022 713 2103
Vredendal	T 027 213 3663
Welkom	T 057 391 0400
Worcester	T 023 347 1021
Windhoek	T 061 431 3000/1

"Pathology that Adds Value"

E-mail: clients@pathcare.co.za • www.pathcare.co.za

10th Print: September 2022

The content of this brochure should not be used for diagnostic purposes in any way and a medical professional must be consulted for formal diagnosis, advice and treatment.

Ons sal u INR-resultaat en Warfarin-dosering na u selfoon stuur. Dit bied die voordeel dat dit moontlike misverstande wat met telefoonoproepe gepaard gaan kan uitskakel en u van 'n permanente rekord van die inligting kan voorsien. U behoort ook die inligting vinniger as met ons normale telefoondiens te ontvang (afhangende van die selfoonnetwerk).

Uitleg van die onderstaande SMS-inhoud:

INR EN DOSERING

Datum [datum van die toets]
INR [Uitslag van die INR-toets]

Neem warfarin soos volg:

- Die warfarin dosis word in milligram per dag verskaf.
- Begin met die dosering soos gegee vir die dag van die week waarop u getoets het, en gaan voort met die daaglikse dosering tot die volgende besoek.
- Indien u volgende toets oor minder as 7 dae is, word 'n dosis slegs verskaf vir die dae tot die volgende toets.
- Indien u op sekere dag of dae nie warfarin moet neem nie, sal die SMS aandui: “take no warfarin”.

Volgende Afspraak [dag/maand van die volgende toets]

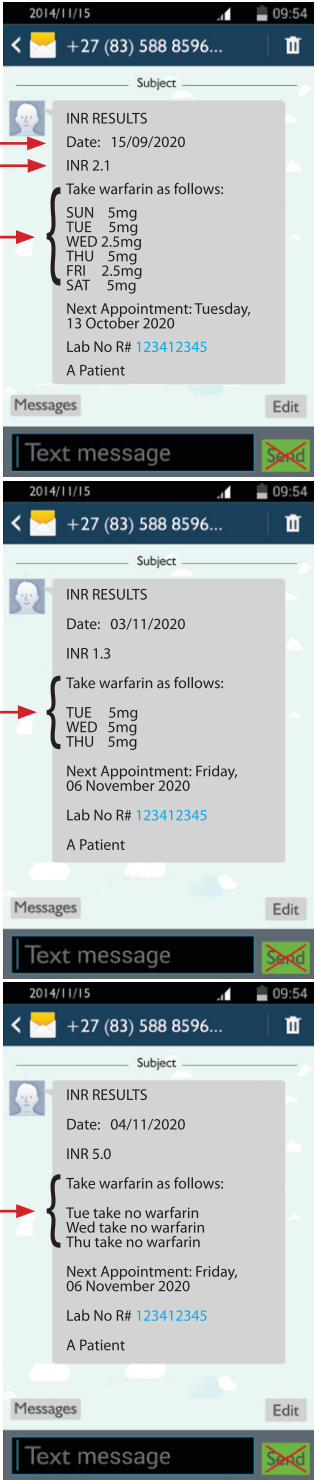
Lab No R# [verstrek hierdie nommer indien u ons met 'n navraag bel]

U naam sal onderaan die SMS verskyn.

Die INR-uitslag en dosis kan ook na u e-posadres gestuur word. Die formaat van die boodskap sal dieselfde as in die SMS-voorbeeld hierbo wees.

X Let asseblief daarop dat u nie op die SMS- of e-posboodskap sal kan antwoord nie. Indien daar enige vrae oor die inligting is, skakel asseblief die Hulptoonbank of laboratorium in u gebied.

Indien u vir verskeie redes nie op dieselfde dag as u bloed getrek is van PathCare hoor nie, skakel asseblief laat daardie middag of die volgende oggend, vir u resultaat en dosering.



Siza kukuthumelela isiphumo sakho se-INR kunye nedosi ye-warfarin kwiselula yakho. Okuhle ngoko kukuba kunciphisa ukungaqondani okunokuba khona okunxulunyaniswa neminxeba kwaye kukunike irekhodi lolwazi. Kufuneka kananjalo ulufumane ngokukhawuleza ulwazi kunakwinkonzo yethu eqhelekileyo yeminxeba (ngokuxhomekeke kuthungelwano lweselula)

Ingcaciso yesiqulatho se-SMS ngezantsi:

IZIPHUMO ZE-INR KUNYE NEDOSI

Umhla [umhla wowavanyo]
I-INR [iziphumo zovavanyo lwe-INR]

Yithathe njengokulandelayo i-warfarin:

- Idosi ye-Warfarin inikwa ngeemiligrem suku ngalunye.
- Nceda uqale ngedosi yosuku ngqo olo lweveki ovavanywe ngalo, uze uqhube ngedosi yemihla ngemihla de ibe lidinga elilandelayo.
- Ukuba ngaba sifuna uzele olunye uvavanyo lwe-INR ngaphantsi kweentsuku ezisi-7, siza kunika kuphela idosi yeentsuku ezikhethiweyo de ibe lusuku lotyelelo lwakho olulandelayo.
- Ukuba ngaba kufuneka ungathathi nayiphi i-warfarin ku(kwiint)suku olu(ezi)thile, i-SMS iza kuqulatha umbhalo oquka “ungayithathi i-warfarin”

IDinga eliLandelayo [usuku/inanga yovavanyo olulandelayo]

INombolo yeLebhu R# [caphula le nombolo ukuba ngaba usitsalela unombuzo]

Igama lakho liza kuvela emazantsi e-SMS

X Ukuba kuceliwe, isiphumo se-INR kunye nedosi zinokuthunyelwa kananjalo kwidilesi yeimeyile enikwe kwifom yesicelo. Uhlobo lomyalezo luza kufana nomzekelo we-SMS ongentla.

Qaphela ukuba awukwazi ukuphendula kwi-SMS okanye kwimiyalezo yeimeyile. Ukuba ngaba kukho nayiphi imibuzo malunga nolwazi, nceda uqhagamshelane neDesika yoNcedo okanye ilebhu njengoko kusebenza kummandla wakho.

