



Dwelms en Alkohol Inligtingskaart



Handelsnaam	Straatnaam	Wat kan toets belemmer?	Tekens en simptome van dwelmmisbruik
Alkohol (bloed)	Bier, wyn spiritualieë, likeurs ens.	Foutiewe monsterversameling en alkohol deppers.	• Veranderde gedrag/karakter • Verander vriende
Amfetamien/ metamfetamien (uriene)	Speed, uppers, rock, meth, glass, obex, ice, crystal, tik. Ecstasy is deel hiervan.	Ontstummiddels (pseudo-efedrien), dieetpille (fentermien), ranitidien (Zantac®), bloedvatdilateer (isoxuprien, nilidrien).	• Rusteloosheid en slapeloosheid • Moegheid, geïrriteerdheid, lomerigheid
Barbiturate (uriene of bloed)	Fenobarbital, sekobarbital, pentobarbital, depressiewe middels, barbs, bellatard, misolien. Volgens vorm/kleur: yellows, red devils, ens.	Onbekend	• Verlies aan oogkontak • Dikwels uithuisig
Bensodiasepien (uriene of bloed) Rohypnol® (“Date Rape Drug”)	Depressiewe middels, isom, panix, pax, Xanor®, Valium®, roofies, Librium®, TM, Ativan®, ens.	Meet verskillende bensodiasepien by verskillende konsentrasies. Bevestigingstoetsing is ‘n vereiste.	• Agteruitgang van higiëne, slordig • Geheimsinnige telefoonoproepe
Cannabinoïde (uriene)	Hashish, dagga, joint, weed, grass, hash, arms, swazi sticks, boom, skyf, zol, bud, slowboat, pyp, dope, poison.	Efavirenz, produkte wat hennep bevat, NSAIDs, protonpomp inhibeerders.	• Bloedbelope oë • Gewigsverlies
Kokaïen (uriene)	Coke, crack, rocks, blow, columbian, snow, snort, schnarf, nose candy.	Kokaplant tee, plaaslike narkose wat kokaïen bevat.	• Onnatuurlik spraaksam
Metakwaloon	Mandrax, buttons, soapies, omo, surf, mx, ludes, q, mandies, sopor.	Tioridasien (Melleril®), organofosfate, insekdoder.	• Dra sonbril binneshuis, oogdruppels
Opiate (verdownings - middels) (uriene)	Opium, heroïen, morfien, kodeïne, china white, black tar, brown sugar, mud, smack, mexican brown, thai white, horse, herries, brown, hard ball, Laudanum, paregoric.	Enige stof wat morfien bevat bv. oor-die-toonbank-medisyn met kodeïen daarin, voedsel met papawersaad.	• Giggelbuie • Verswakke akademiese prestasie • Aanhang van simbole, tatoeëring
Fensiklidien (uriene)	PCP, angel dust, crystal, magic dust, horseweed, cyclone, sernylan.	Dekstrometofan, DPH, Doksilamien, Ibuprofeen, Imipramien, Ketamien, Meperidine, Tioridasien (Melleril®), Tramadol, Venlafaxine	• Verlies aan koördinasie, stadige reaksies
Trisikliese Antidepressante (bloed)	TCA, downers, blue angels, blue birds, Janimine.	Karbamasepien, DPH, hidroksisien, Quetiapine	• Paranoïa • Geheueverlies • Ruik na rook/dagga • Geel/bruin vlekke op hande • Kriminele aktiwiteite

Kommentaar:

1. Roetine sifting vir dwelms gelys in hierdie brosjure is beskikbaar. Dagga en amfetamien/metamfetamien word mees algemeen misbruik.
2. Indien daar twyfel oor die spesifieke dwelm bestaan, moet die beweerde misbruiker ‘n toksikologie sifting ondergaan.
3. Toestemming vir alle dwelmsiftingstoetse word benodig. Ouers/voogde moet toestemming vir kinders <14-jaar gee.
4. Bevestigingstoetse vir sommige dwelms is beskikbaar siende vals positiewe resultate soms kan voor kom a.g.v. oor-die-toonbank-medikasie (veral met doopstokkietoetse).
5. 'n Kreatinienbepaling word saam met elke urine-ondersoek vir dwelms gedoen om verdunning van die monster uit te skakel.
6. By vermoedelike middel-geïnduseerde seksuele misbruik versamel 50ml urine en 5ml EDTA (pers top) bloed so gou moonlik na die voorval.
7. Bykomende inligting is beskikbaar by: www.drugabuse.gov

Dwelms en Alkohol

Privaatklinieke

Crescent kliniek: www.crescentclinic.co.za
Stepping Stones: www.steppingstones.co.za
Ramot: www.ramot.co.za

Regeringsklinieke

Kaapstad Dwelmbesadingsentrum
www.drugcentre.org.za
Teen Challenge:
www.teenchallenge.co.za

Intervensie en Inligting

SANRA (Suid-Afrikaanse Nasionale Raad insake Alkoholisme)
www.sancanational.org.za/treatment • www.sancawc.co.za

Steungroepe

Alanon and Alateen: www.alanon.org.za
(Steun aan familie en vriende van verslaafdes)
Alkoholiste Anoniem: www.alcoholics.org.za
Nar-anon: www.naranon.org.za
(Steun aan familie en vriende van verslaafdes)
Narkotika Anoniem: www.na.org.za

Kontakbesonderhede

Bethlehem	T 058 303 4961
Bloemfontein	T 051 401 4650
Kaapstad	T 021 596 3400
Oos-Londen	T 043 701 5900
George	T 044 803 8200
Hermanus	T 028 313 0750
Jeffreysbaai	T 042 293 4125
Kimberley	T 053 830 8960
Klerksdorp	T 018 468 9000
Kroonstad	T 056 213 2076
Maseru	T 002 663 24039
Mosselbaai	T 044 691 1399
Paarl	T 021 872 5158
Port Elizabeth	T 041 391 5700
Potchefstroom	T 018 293 0573
Richards Bay	T 035 772 2201
Somerset-Wes	T 021 852 3144
Springbok	T 027 712 1992
Stellenbosch	T 021 887 6817
Swellendam	T 028 514 1775
Umhlanga	T 031 566 0099
Upington	T 054 332 2653
Vanderbijlpark	T 016 981 9898
Vereeniging	T 016 440 6300
Vredenburg	T 022 713 2103
Vredendal	T 027 213 3663
Welkom	T 057 391 0400
Worcester	T 023 347 1021
Windhoek	T 061 431 3000/1

clients@pathcare.co.za
www.pathcare.co.za

“Patologie wat Waarde Toevoeg”

Drug and Alcohol Information Chart



Trade Name	Street Name	Interferences	Signs and symptoms of drug abuse
Alcohol (blood)	Beers, wines, spirits, liqueurs, etc.	Incorrect collection of specimen and alcohol swabs.	Change of behaviour/character
Amphetamine/metamphetamine (urine)	Speed, uppers, rock, meth, glass, obex, ice, crank, crystal, tik. Ecstasy is a part of these.	Decongestants (pseudoephedrine), diet pills (phentermine), ranitidine (Zantac®), blood vessel dilators (isoxuprine, nylidrin).	- Change of friends - Restlessness and Insomnia - Tiredness, irritability, drowsiness
Barbiturates (urine or blood)	Phenobarbital, secobarbital, pentobarbital, downers, barbs, bellatard, mysoline. According to shape/colour: yellows, red devils, etc.	None known.	- Loss of eye contact - Away from home a lot
Benzodiazepines (urine or blood) Rohypnol® (rape drug)	Downers, isom, panix, pax, xanor, Valium®, roofies, Librium, Ativan®, etc.	Measures different benzodiazepines at varying concentrations. Confirmation testing is mandatory.	- Deterioration of hygiene/untidiness - Secretive telephone calls
Cannabis (THC) (urine)	Hashish, dagga, joint, weed, grass, hash, arms, swazi sticks, boom, skyf, zol, bud, slowboat, pyp, dope, poison.	Efavirenz, hemp containing products, NSAIDs, proton pump inhibitors	- Bloodshot eyes - Loss of weight - Unnaturally talkative
Cocaine (urine)	Coke, crack, rocks, blow, columbian, snow, snort, schnarf, nose candy.	Coca leaf tea, local anaesthetics containing cocaine	- Wearing of sunglasses indoors, eye drops - Giggle attacks
Methaqualone (urine)	Mandrax, buttons, soapies, omo, surf, mx, ludes, q, mandies, sopor.	Thioridazine (Melleril®), organophosphates, insecticide.	Deterioration of academic achievements
Opiates (urine)	Opium, heroin, morphine, codeine, white china, black tar, brown sugar, mud, smack, mexican brown, thai white, horse, herries, brown, hard ball, Laudarum, paregoric.	Any substance which contains morphine. e.g. over the counter medication containing codeine, foods containing poppy seeds.	- Adaptation of symbols, tattoos - Loss of coordination/slow reactions
Phencyclidine (urine)	PCP, angel dust, crystal, magic dust, horseweed, cyclone, sernylan.	Dextromorphan, DPH, doxylamine, ibuprofen, Imipramine, ketamine, meperidine, thiorazine (Melleril), Tramadol, Venlafaxine	- Paranoia - Amnesia
Tricyclic Antidepressants (blood)	TCA, downers, blue angels, blue birds, Janimine	Carbamazepine, DPH, hydroxyzine, Quetiapine	- Smell of smoke/dagga - Yellow/Brown stains on hands - Criminal activities

Comments:

- Routine screening for drugs listed in this brochure is available. Commonly abused drugs include cannabis and amphetamines/metamphetamines.
- When in doubt about the specific drug of abuse, the alleged abuser should have a toxicology screen done.
- Consent is required for all drug-screening tests. Parents/guardians must give permission for children < 14 years old.
- Confirmatory tests are available for some of the drugs of abuse, since false positive results can sometimes be obtained by over the counter medication (particularly observed with dipstix).
- A creatinine determination is performed on every urine analysed for drugs of abuse to exclude dilution of specimen.
- In the event of suspected drug facilitated sexual assault, collect 50ml urine and 5ml EDTA (purple top) blood as soon as possible after the event.
- Additional information can be obtained from: www.drugabuse.gov

Drugs and Alcohol

Private Clinics

Crescent Clinic: www.crescentclinic.co.za
Stepping Stones: www.steppingstones.co.za
Ramot: www.ramot.co.za

Government Clinics

Cape Town Drug Counselling Centre: www.drugcentre.org.za
Teen Challenge: www.teenchallenge.co.za

Intervention and Information

SANCA (National Council on Alcohol/Drug Abuse) www.sancanational.org.za/treatment • www.sancawc.co.za

Support groups

Alanon and Alateen: www.alanon.org.za
(Support for family and friends of alcoholics)
Alcoholics Anonymous: www.alcoholics.org.za
Nar-anon: www.naranon.org.za (Support for family and friends of addicts)
Narcotics Anonymous: www.na.org.za

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